



Fun Learning & Cultural Exchange Programme (1-month Program - Year 7)

Time	1	2	3	4	5	6	7	8	9	10	11	12	13					
Day	8:20 AM	8:55 AM	9:25 AM	9:45 AM	10:15 AM	10:45 AM	11:15 AM	11:45 AM	12:15 PM	12:45 PM	1:10 PM	1:45 PM	2:15 PM	2:45 PM	3:15 PM	3:45 PM - 5:00 PM	5:30 PM	6:30 PM
Mon	PSHE	MAND	Break	SWIMMING		ENGLISH		ICT/LEGO	Pastoral Care Activity	Lunch	Pastoral Care Activity	ART		ICT/LEGO	Sports / Games	Dinner	Back to Hostel	
Tue	MUSIC		Break	CCA		ENGLISH		ENGLISH		Lunch	ACTIVITY	MAND	P.E.	CCA	Sports / Games	Dinner	Back to Hostel	
Wed	MCC		Break	ICT	ENGLISH	ENGLISH		ICT / Lego		Lunch	Pastoral Care Activity	ACTIVITY		ENGLISH	Sports / Games	Dinner	Back to Hostel	
Thu	MCC		Break	Pastoral Care Activity	ENGLISH		SWIMMING/P.E.			Lunch	ACTIVITY	ENGLISH		CCA	Sports / Games	Dinner	Back to Hostel	
Fri	SWIM/P.E.		Break	Pastoral Care Activity	MCC	ENGLISH			MUSIC	Lunch	ENGLISH		TELEMATCH		Sports / Games	Dinner	Back to Hostel	
Sat	Preparation	1st Sat: KL City Tour 2nd Sat: Melaka Day trip 3rd Sat: Sunway Pyramid Shopping Mall 4th Sat: Packing in hostel													Back to hostel, Free & Easy			
Sun	Preparation	1st Sunday: Mid Valley Mega Mall 2nd Sunday: Sports activity in school - swimming, basketball, badminton 3rd Sunday: BBQ Party in School													Back to hostel, Free & Easy			

* Public holiday - 1 Jan - Farm in the City

* Programme planned are subject to change without prior notice

* Activity planned are based on basic living skills, self awareness skills, communication skills, character building workshop.